

ADULT PROGRAMS, FALL 2023

PROGRAM	DAYS & TIMES	PRICE
Adult Clinics Adult Beginner Advanced Beginner	Mon, 11am-12pm Wed, 11am-12pm	\$25 members / \$30 nonmembers per session
Adult Intermediate Workshop The drills, techniques, and strategies taught in this 8-week program will improve your entire game.	Sept 11-Oct 29 Mon, 5:30-7pm	\$240 per member / \$270 per nonmember
Cardio Tennis This high-energy group fitness activity combines the best features of the sport of tennis with cardiovascular exercise.	Mon, 8-9am Wed, 6-7pm Fri, 8-9am Sat, 8-9am	\$20 members / \$30 nonmembers per session
Weekend Warriors These targeted drills for specific skills will grow all parts of your game. Come ready for fun and hard work, then return next week for something new!	Sat, 10:30am-12pm	\$35 members / \$40 nonmembers per session
DREAM TEAM: High Performance Doubles Skills & Drills Private groups of 4 will get a 60-minute lesson, followed by 30 minutes of coached competitive play. Your friendships & your game will flourish!	Work directly with your pro to schedule 6 weeks of private sessions.	\$210 per member / \$240 per nonmember includes six (6) 90-minute classes
Private Lessons	Custom, personalized sessions to get the most of your game. Work directly with your pro to schedule your lessons. The price varies with the pro's lifetime of teaching experience.	
Open Court Play	RVC's indoor and outdoor courts can be reserved for 30, 60, and 90-minute increments, up to 2 weeks in advance.	FREE for RVC Members / \$28 per court hour for Tennis Members / +\$10 for each nonmember

NEW!

NEW!

Registration is fast & easy:

- 1. Call (603) 643-3627**
- 2. Enroll through the RVC App**
- 3. Email FITShopRVC@rivervalleyclub.com**

** Classes with fewer than 3 participants may be cancelled. A full refund is issued for cancelled classes.*